



Contact Us:

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Office Hours:

M-Th 8am-4:30pm
F 8am-3:30pm

Dates to Remember

December 5: Bake Exchange Deadline

December 5: Time Out Tuesday

December 5: Craft Time Event

December 7: CSMFRC Christmas Party

December 12: Bake Exchange Day

December 21-

January 5: CSMFRC will be closed for the holidays.

After School French Program

The current session of the Afterschool French program will be winding up on Dec 12. The next session will start January 6th and run on Mondays and Tuesdays until March 31st.

Children Grade 1 and up are welcome to join this fantastic group. There is no cost for the program for Military dependents. Civilians are welcome for a \$5 one time fee. Pick up is at the Det Playground bus stop at 3:20 and the program also accommodates the Hanley bus schedule. Alternative pick up locations may be arranged. Contact Lisa for details or to register.

Festive Meal Raffle

Watch on our Facebook page for a great opportunity to enter a raffle for some festive meals. This program will run December 9th through to the 13th. For more information on this draw please contact Kary. This draw is open to current serving CAF members (Reg or Reserve) and their dependents only.

Pet First Aid Course

The CSMFRC will be offering a Pet First Aid Course on January 18th, 2020. The course will run from 9-4:30. Cost is \$25 for CAF, CAF Dependents, VFP Clients, and VFP dependents. The cost for Civilian price is \$149.

Included in the training is basic health and care, nutritional needs, parasite control and removal, safe muzzling, vital signs, ear injuries, sliced pads, broken/torn nails, swimmers tail, mouth injuries, eye and head wrapping, bloat, hyper/hypothermia, frostbite, heat stroke, puncture wounds, lacerations, splinting, stabilizing for transport, neck stabilization, full-body stabilization, seizures, CPR, mouth to nose resuscitation, skunk spray, porcupine run-ins, whelping, common foods poisonous to dogs, toxic plants, building an Elizabethan collar, fish hook injuries, swallowed objects, vomiting and diarrhea, administering medications, and so much more!

Contact Kary for more information or to register. Registration deadline is January 6.

Christmas Gift Wrapping

Need a quiet place to wrap some presents? The MFRC can help you with that! From Dec 6-20 come to B100 and all wrapping supplies will be provided. There is no appointment necessary during office hours. Weeknights (after hours) can be booked in advance. Contact Kary for more information. There is no cost for this program.

Bake Exchange

Make Christmas baking simple and easy! Participants are required to provide 1 dozen treats for every other participant. The only cost is your ingredients and your time. Open to CAF, VFP, and Civilians. Registration Deadline is Dec 5.



VETERAN FAMILY PROGRAM
Programme pour les familles des vétérans

Veteran Family Program customers can contact Jessica to register for the CSMFRC events being advertised in this newsletter.



Family & Tweener Ski Trip

The annual Table Mountain Ski Trip will be held on January 25th, 2020. This event is for ages 5 and up with families and for Ages 8-17 for unaccompanied Tweener/Youth. The cost is \$10 per person or \$30 per family. This includes lifts, rentals, lessons, supper, and transportation. Departure is 6:45am and return is 8pm at the MFRC. A pick up point in Saskatoon at the WDM can be arranged. Register by January 15th. Contact Kary (Families), Lisa (Tween/Youth) or Jessica (VFP) to register.

Activity Support Program

The Activity Support program for the 2019-2020 Fiscal Year has reached its limit in the budget and will not be accepting any further applications. Watch for information to be released in April regarding this program.

Rosetta Stone

The CSMFRC has licences available for the Rosetta Stone Second Language Training Program. If you are a dependent or a member and are interested in learning a new language please contact Kary Williams.



EMPLOYMENT OPPORTUNITY:

This Category I position is open to all interested parties.

Bartender

Non Public Funds
Personnel Support Programs
Messes
17 Wing Detachment Dundurn
Dundurn, SK
Casual

Application Submission: Submit resume to NPF HR Office quoting competition # DUN-19-009. Email: npfhrmoosejaw@cfmws.com or online: www.cfmws.com.



*from the staff
at the*

CSMFRC!

Lisa

Heidi *Lee*

Kary

Robyn

Jessica

Kendra