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## GLOSSARY OF ACRONYMS

The following list of acronyms and definitions comes from DCSM's - The Guide to Benefits, Programs, and Services for Serving and Former Canadian Armed Forces Members and their Families. A number of these acronyms appear in the Veteran Family Journal; the remainder are common to the experience of transitioning from the Canadian Armed Forces to civilian life.

**3B Release** – Medical Release from the Canadian Armed Forces

**AD** – Accidental Dismemberment

**ADIP** – Accidental Dismemberment Insurance Plan

**ALOA** – Allowance in Lieu of Operational Allowance

**AO** – Assisting Officer (now Designated Assistant (DA))

**AR/MEL** – Administrative Review - Medical Employment Limitations

**ASU** – Area Support Unit

**ATOC** – Army Tactical Operations Course

**BMOQ** – Basic Military Officer Qualification

**BMQ** – Basic Military Qualification

**BOI** – Board of Inquiry

**CAF** – Canadian Armed Forces

**CAR** – Coverage After Release

**CBI** – Compensation and Benefit Instructions

**CDA** – Canadian Defence Academy

**CDS** – Chief of the Defence Staff

**CFAO** – Canadian Forces Administrative Orders

**CF Group RSP** – Canadian Forces Group Retirement Savings Plan

**CFHS** – Canadian Forces Health Services

**CFIRP** – Canadian Forces Integrated Relocation Program

**CFIS** – Canadian Forces Income Support

**CFMAP** – Canadian Forces Member Assistance Program

**CFMVRCA** – Canadian Forces Member and Veterans Re-establishment and Compensation Act

**CFMWS** – Canadian Forces Morale and Welfare Services

**CFRTW** – Canadian Forces Return to Work Program

**CFS** – Canadian Forces Station

**CFSA** – Canadian Forces Superannuation Act

**CFSU** – Canadian Forces Support Unit

**CMPC** – Commander Military Personnel Command

**CO** – Commanding Officer

**CPI** – Consumer Price Index

**CPP** – Canada Pension Plan

**CRA** – Canada Revenue Agency

**CT** – Career Transition  
**CTS** – Career Transition Services  
**CTAB** – Canadian Technology Accreditation Board  
**CTAP** – Career Transition Assistance Programs  
**CTCC** – Combined Arms Team Commanders Course  
**CVVRS** – Canadian Veterans Vocational Rehabilitation Services  
**DA** – Designated Assistant (formerly Assisting Officer (AO))  
**DAOD** – Defence Administration Orders and Directives  
**DCFPS** – Director Canadian Forces Pension Services  
**DCSM** – Director Casualty Support Management  
**DDCP** – Dependants Dental Care Plan  
**DGCB** – Director General Compensation and Benefits  
**DGHS** – Director General Health Services  
**DL** – Dependant Life Insurance  
**DMCA** – Director Military Careers Administration  
**DMed Pol** – Director Medical Policy  
**DMPAP** – Director Military Pay and Allowances Processing  
**DND** – Department of National Defence  
**DPSP** – Director Pensions and Social Programs  
**EAS** – Employee Assistance Services  
**ER** – Education Reimbursement  
**FIL** – Family Information Line  
**FLO** – Family Liaison Officer  
**FSNA** – Federal Superannuates National Association (now National Association of Federal Retirees)  
**GAPDA** – Garnishment, Attachment and Pension Diversion Act  
**GECA** – Government Employee’s Compensation Act  
**GOC** – Government of Canada  
**GOIP** – General Officers Insurance Plan  
**HOPE** – Helping our Peers by Providing Empathy  
**HQ** – Headquarters  
**HRSDC** – Human Resources and Skills Development Canada  
**ILP** – Individual Learning Plan  
**INA** – Insurance Needs Analysis  
**IPC** – Incentive Pay Category  
**IPSC** – Integrated Personnel Support Centre  
**IRM** – Insurance for Released Members  
**ISN** – Injured Soldier Network  
**JPSU** – Joint Personnel Support Unit  
**JPSU HQ** – Joint Personnel Support Unit Headquarters



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**LPF** – Last Post Fund  
**LTD** – Long Term Disability  
**LWOP** – Leave without Pay  
**MAM** – Managing Angry Moments  
**MBR** – Member  
**MCTAP** – Military Civilian Training Accreditation Program  
**MEL** – Medical Employment Limitations  
**MET** – Military Employment Transition  
**MFRC** – Military Family Resource Centre  
**MFSA** – Mental Fitness and Suicide Awareness  
**MFSP** – Military Family Services Program  
**MO** – Medical Officer  
**NDHQ** – National Defence Headquarters  
**NOK** – Next of Kin  
**NPP** – Non-Public Property  
**NVC** – New Veterans Charter  
**OGTI** – Optional Group Term Insurance  
**OP** – Operation  
**OSI** – Operational Stress Injury  
**OSISS** – Operational Stress Injury Social Support  
**PA** – Pension Act  
**PCat** – Permanent category  
**PDSP** – Pensioners Dental Services Plan  
**PER** – Performance Evaluation Report  
**PLQ** – Primary Leadership Qualification  
**PMV** – Private Motor Vehicle  
**POC** – Point of Contact  
**POE** – Prince’s Operation Entrepreneur  
**POP** – Pastoral Outreach Program  
**PSC** – Public Service Commission  
**PSEA** – Public Service Employment Act  
**PSER** – Public Service Employment Regulations  
**PSHCP** – Public Service Health Care Plan  
**PSO** – Personnel Selection Officer  
**PSP** – Personnel Support Programs  
**PSTC** – Peace Support Training Centre  
**PSU** – Personnel Support Unit  
**PTSD** – Post-Traumatic Stress Disorder  
**QPP** – Quebec Pension Plan  
**QR&O** – Queen’s Regulations and Orders  
**R2MR** – Road to Mental Readiness

**RCL** – Royal Canadian Legion  
**RCMP** – Royal Canadian Mounted Police  
**RDCP** – Reserve Dental Care Plan  
**Ret** – Retired  
**RFC** – Reserve Force Compensation  
**RPPO** – Released Personnel Pay Office  
**RRIF** – Registered Retirement Income Fund  
**RRSP** – Registered Retirement Savings Plan  
**RTIP** – Reserve Term Insurance Plan  
**RTW** – Return to Work  
**SCAN** – Second Career Assistance Network  
**SCP** – Skills Completion Program  
**SDA** – Special Duty Area  
**SDB** – Supplementary Death Benefit  
**SDO** – Special Duty Operation  
**SDP** – Spousal Disability Plan  
**SDS** – Special Duty Service  
**SI** – Serious Injury/Illness  
**SIB** – Survivor Income Benefit  
**SISIP FS** – Service Income Security Insurance Plan Financial Services  
**SPHL** – Service Personnel Holding List  
**SRB** – Supplementary Retirement Benefits  
**TCat** – Temporary Category  
**T.I.P.S.** – Tax Information Phone Service  
**TLD** – Third Location Decompression  
**UN** – United Nations  
**UNMO** – United Nations Military Observer  
**VAC** – Veterans Affairs Canada  
**VIP** – Veterans Independence Program  
**VPOP** – Veterans Pastoral Assistance Program  
**VRAB** – Veterans Review and Appeal Board  
**VRP** – Vocational Rehabilitation Program  
**VRPSM** – Vocational Rehabilitation Program for Serving Members  
**VSI** – Very Serious Injury/Illness  
**WCB** – Workers Compensation Board  
**YMPE** – Year’s Maximum Pensionable Earnings