

# Winnipeg MFRC Youth Centre Membership Package

[www.cafaconnection.ca](http://www.cafaconnection.ca)

102 Comet Street, PO Box 17000 Stn Forces, Winnipeg, MB, R3J 3Y5  
(204) 833-2500 Ext. 4500

Dear Participant and Parent (s)/ Guardian,

It is a pleasure to welcome you to the Winnipeg MFRC Youth Centre. We have many events planned and look forward to getting to know you and your family. We will keep you informed of the activities, holiday hours, special events and programs that the Winnipeg MFRC offers throughout the year.

The Winnipeg MFRC runs two Youth Centres. The South Side Centre is located at 347 Doncaster Street and the North Side Centre is located at 102 Comet Street.

**NEW FOR 2017/18:** The Youth Centres have a membership fee. The Fee will be applicable to all members who wish to attend programming. The fee must be paid at the beginning of the year. Yearly fees are as follows:

- \$20.00 per child
- \$60.00 per family

Fees can be paid with cash or cheque at the MFRC Front Desk (located at 102 comet street) or given to a youth staff member during centre hours.

All participants are required to complete a registration package. It is necessary to have the completed forms returned within seven days. Information on the forms are required as part of our risk management policy. As well, the forms contain information on the rules and code of conduct expected while using our programs.

Please stop by and see any of the staff during our hours of operation. The staff is energetic, and eager to provide a great experience for the youth in our community. They will give you a tour and answer any questions you have. If you have any additional questions, please contact John Bailey, Youth Program Coordinator at 833-2500 Extension 4511.

## Important Phone Numbers

South Side Youth Centre	347 Doncaster St	204-488-8563	
North Side Youth Centre	102 Comet Street	204-833-2500 ext 4502	
Youth Centre Assistant	Lauren Lytle	204-833-2500 ext 5391	
Youth Coordinator	John Bailey	204-833-2500 Ext.4511	john.bailey@forces.gc.ca

## Hours of Operation:

\*please note hours are subject to change\*

North Side Centre:

Monday/ Wednesday: 5:00pm-8:00pm

Friday: 5:00pm - 9:00pm

Tuesday/Thursday: CLOSED

South Side Centre:

Monday/ Wednesday/ Friday 4:30pm - 8:30pm

Tuesdays/Thursdays: CLOSED

## Additional Information:

# Winnipeg MFRC Youth Centre

## Rules and Guidelines

### Code of Conduct

1. The Youth Centres have a zero tolerance policy on fighting (play or real), alcohol, drugs, vandalism, stealing, gangs and/or gang-like activity. Participants not abiding by these policies will be asked to leave the Youth Centre property.
2. Arrival to or departure from the Youth Centre will be conducted in a safe and respectable manner.
3. Treat the Centre's equipment and resources with care. Clean up and put away equipment after use.
4. Treat all Centre participants, staff, volunteers and visitors with respect. Name calling, swearing, bullying, physical abuse or abuse of any kind will not be tolerated.
5. Non-defence team members are welcome to attend both drop-in and special events. All guidelines apply.

### Rules

1. Jackets and bags are to be placed out of the way on hooks or on the racks provided. During messy weather, participants will be asked to remove dirty footwear. Slippers, indoor shoes, etc are welcome. Bare feet are not allowed.
2. Please sign in as soon as you arrive.
3. A canteen is available. There are no tabs or IOUs allowed. This is non-negotiable. If you would like to set up an account with staff, please see the staff with money and the account will be set up for you.
4. The canteen and office areas are out of bounds. Do not enter unless a staff member is with you. This may require knocking on the door to get a staff member's attention. If staff are with other youth, you are asked to wait at the door until the staff member is free.
5. The Centre operates on a three-strike rule. This is subject to discretion of the staff member, depending on the severity of the actions by the youth. Suspensions and expulsions will be dealt with and enforced by all staff.
6. Doors are to remain open at all times, unless a staff member closes a door to prevent entry to a specific area.
7. You must ask permission from a staff member to use the computer. There is internet access on all computers and are monitored by 17 Wing and/or Net Nanny programs. There is a 15-minute time limit on the computers.
8. You must let staff know you are going to the bathroom. Only one youth is permitted to be in the bathroom at a time, due to past problems and damage.
9. Please advise Youth Centre staff when you are going home.

# Winnipeg MFRC Youth Centre Registration Form

Participant Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent (s)/ Guardian Name: \_\_\_\_\_

Cell Phone Number: \_\_\_\_\_ Home Phone Number: \_\_\_\_\_

Which phone number is best should the need arise? Home Cell Other \_\_\_\_\_

Family Email Address: \_\_\_\_\_

NOTE: By giving a current email address you agree to be contacted by the MFRC by email. You may withdraw your consent at any time by sending us an email stating that you no longer wish to receive information from us.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Would you like to receive MFRC Youth Program updates? Yes No

Emergency Contact Person: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_

## Membership fee

Please check off one of the following:

\_\_\_ I have paid my (\$\_\_\_) at the MFRC Front Desk \_\_\_ I have given my fee (\$\_\_\_) to a staff member

## Medical information

Family Medical Number (Six digits): \_\_\_\_\_

Youth Medical Number (Nine digits): \_\_\_\_\_

Doctor's Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Does your child have allergies? If YES, please indicate the specific nature and treatment of each.

\_\_\_\_\_  
\_\_\_\_\_

Is your child seeing a healthcare provider for any physical, emotional or behavioural disorders? If YES, please provide details, including techniques you have found useful. If required, please attach an additional sheet or call the MFRC to plan a meeting with the Youth Centre Staff.

\_\_\_\_\_  
\_\_\_\_\_

Is your child currently on any medication or treatment? If YES, please indicate?

\_\_\_\_\_  
\_\_\_\_\_

Is your family experiencing or will be experiencing a deployment during the year?    Yes                      No

Is there anything we should know about your child (New to Winnipeg, Francophone, shy, overly aggressive, any fears, etc) ?

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What type of activities interest your child?

Movies    Crafts    Field Trips    Sports    Other \_\_\_\_\_

The Winnipeg MFRC Youth Centre has a variety of movies, computer software and video games. Are there any specific movies, software or games you DO NOT want your child to play or watch?

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From time to time, the Youth Centre staff may take the youth to other areas on the base (Tennis courts, gym, playground, pool) for activities. Is your child authorised to participate in these activities?    Yes                      No                      Other \_\_\_\_\_

I hereby give permission to the MFRC staff to secure immediate first aid treatment for the above named child that may be required in the event of a medical emergency while in the care of the MFRC, including any necessary transport (accompanied by a staff member) by ambulance or private vehicle to the nearest hospital. I acknowledge the MFRC staff and any physicians called upon to provide medical care to my child will be relying on the information contained herein concerning my child's medical condition.

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

The Winnipeg MFRC photographs events and participants to maintain a history of the Centre and for promotional purposes. I give the MFRC permission to photograph my family for the following (check all that apply):

Internal use only (Including photo displays, electronic photo frame)

Use in the MFRC's Community Connection newsletter and/or base newspaper, Voxair

Use on the MFRC's Facebook page (Photos will not be tagged, and no one will be identified)

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

# Winnipeg Military Family Resource Centre Liability Release Form

(hereinafter referred to as the "Release Agreement")

**BY SIGNING THIS DOCUMENT YOU WILL WAIVE OR GIVE UP CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE OR CLAIM COMPENSATION FOLLOWING AN ACCIDENT PLEASE READ CAREFULLY AND IF YOU AGREE TO THE TERMS OF THIS RELEASE, PLEASE COMPLETE THE PARTICULARS REQUIRED AND SIGN WHERE INDICATED BELOW**

**PARTICIPANT/GUARDIAN NAME (PLEASE PRINT):**

<b>LAST:</b>	<b>FIRST:</b>
<b>ADDRESS: APT:</b>	<b>STREET NO: STREET:</b>
<b>CITY:</b>	<b>PROVINCE: POSTAL CODE:</b>

**ORGANIZATION NAME: THE WINNIPEG MILITARY FAMILY RESOURCE CENTRE, INC. and its directors, officers, employees and volunteers (all and any one of whom are hereinafter referred as "the Releasee")**

**"SPORT AND RECREATION ACTIVITY": shall mean \_\_\_\_\_, which is referred to as "S & R" in this document and shall be deemed to include all activities, events or services provided, arranged, organized, conducted, sponsored or authorized by the Releasee and shall include, but is not limited to: "S & R"; "S & R" rental; orientation and instructional courses; seminars and sessions; travel; transport and accommodation; and other such related or incidental activities, events and services in any way connected with or related to "S & R".**

**PROTECTIVE EQUIPMENT** I have been advised to wear all protective equipment that is required by any rules and regulations governing this "S & R".

**ASSUMPTION OF RISKS** I am aware that "S & R" involves some safety risks, dangers and hazards arising from my participating in "S & R"; the negligence of other participants in "S & R"; and NEGLIGENCE ON THE PART OF THE RELEASEE, INCLUDING THE FAILURE ON THE PART OF THE RELEASEE TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF "S & R". I AM AWARE OF THE RISKS, DANGERS AND HAZARDS ASSOCIATED WITH "S & R" AND I FREELY ACCEPT AND FULLY ASSUME ALL SUCH RISKS, DANGERS AND HAZARDS AND THE POSSIBILITY OF PERSONAL INJURY, SERIOUS, FATAL OR OTHERWISE, PROPERTY DAMAGE OR LOSS RESULTING THEREFROM.

**RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT**

In consideration of the RELEASEE agreeing to my participation in "S & R" and permitting my use of their services, equipment and other facilities, and for other good and valuable consideration, the receipt and sufficiency of which is acknowledged, I hereby agree as follows:

1. TO WAIVE ANY AND ALL CLAIMS that I have or may in the future have against the RELEASEE AND TO RELEASE THE RELEASEE from any and all liability for any loss, damage, expense or injury, that I may suffer as a result of my participation in "S & R" DUE TO ANY CAUSE WHATSOEVER, INCLUDING NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, INCLUDING ANY DUTY OF CARE OWED UNDER THE OCCUPIERS LIABILITY ACT, ON THE PART OF THE RELEASEE, AND FURTHER INCLUDING THE FAILURE ON THE PART OF THE RELEASEE TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF PARTICIPATING IN "S & R" REFERRED TO ABOVE;
2. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEE for any and all liability for any property damage, loss or personal injury to any third party resulting from my participation in "S & R";
3. This Release Agreement shall be effective and binding upon my heirs, executors, administrators, assigns, representatives and next of kin in the event of my death or incapacity;
4. This Release Agreement and any rights, duties and obligations as between the parties to this Release Agreement shall be governed by and interpreted solely in accordance with the laws of the province of Manitoba and no other jurisdiction; and
5. Any litigation involving the parties to this Release Agreement shall be brought solely within the province of Manitoba and shall be within the exclusive jurisdiction of the Courts of Manitoba.

In entering into this Release Agreement I am not relying on any oral or written representations or statements made by the Releasee with respect to the safety of participating in "S & R", other than what is set forth in this Release Agreement.

**I CONFIRM THAT I HAVE READ AND UNDERSTOOD THIS RELEASE AGREEMENT PRIOR TO SIGNING IT, AND I AM AWARE THAT BY SIGNING THIS RELEASE AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS, ASSIGNS AND REPRESENTATIVES MAY HAVE AGAINST THE RELEASEE.**

Signed this \_\_\_\_ day of \_\_\_\_\_, 2017.

\_\_\_\_\_  
WITNESS SIGNATURE

\_\_\_\_\_  
PARTICIPANT OR GUARDIAN SIGNATURE  
IF PARTICIPANT IS A MINOR

\_\_\_\_\_  
WITNESS NAME (PLEASE PRINT CLEARLY)

# Winnipeg MFRC Youth Centre

## Code of Conduct

The Winnipeg MFRC's Youth Centres have been designed with you in mind. It's important that guidelines are in place so everyone can feel safe and respected and that the Centre's resources last a long time. We are not here to create a lot of restrictive rules, but it's important for you to know what's expected up front. :

1. The youth centres have a zero tolerance policy on fighting (play or real), alcohol, drugs, vandalism, stealing, gangs and/or gang-like activity. Participants not abiding by these policies will be asked to leave the Youth Centre property.
2. Arrival to or departure from the youth centre will be conducted in a safe and respectable manner.
3. Treat the centre's equipment and resources with care. Clean up and put away equipment after use.
4. Treat all centre participants, staff, volunteers and visitors with respect. No name calling, swearing, bullying, physical abuse or abuse of any kind will be tolerated.
5. Non-defence team members are welcome to attend both drop-in and special events. All guidelines apply.

I, \_\_\_\_\_ (Youth's Name), take full responsibility for all my actions taken at the Winnipeg MFRC's Youth Centres and agree to abide by all the Centre's rules and code of conduct. I have read the rules and code of conduct and understand that if I don't abide by them, it may result in my membership privileges being revoked or expulsion from the centre.

## Computer Usage

The Youth Centres have computers with internet access. The centre is supervised during drop-in hours and the participants will be monitored. It is the responsibility of the youth to ensure they do not attempt to enter inappropriate sites.

### Guidelines

1. I will sign up with staff prior to using the computer and will tell them when I am finished.
2. I agree to a 15 minute time-limit when using the computer and internet.
3. Downloading is not permitted.
4. Sites that are inappropriate, have obscene language, nudity and sex either in image or written are strictly off limits.
5. I will not go into any chat rooms. I am permitted to use MSN Messenger and Facebook. When using Facebook, I am not permitted to post anything negative about fellow program users, staff, volunteers or the MFRC.
6. If I want to use audio, I have to bring my own earphones.
7. Food and drink are not permitted around the computers at any time.

I agree to abide by the rules for the computer and internet. I understand that if these rules are broken, I could lose my privileges.

\_\_\_\_\_  
Youth's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date