



# PSP FITNESS SPORTS AND RECREATION CENTRE

# SUMMMER HOURS

---

**STADACONA Fitness,**  
Sports & Recreation Centre

**FACILITY HOURS**

Monday – Friday	0600 – 2100
Saturday & Sunday	0900 – 1400

**POOL HOURS**

*Lane Swim*

Monday – Friday	1130 – 1300
Tuesday & Thursday	1600 – 1730
Saturday & Sunday	0930 – 1100

*Open Swim*

Tuesday & Thursday	1730 – 1900
Saturday & Sunday	1100 – 1230

---

**SHEARWATER Fitness,**  
Sports & Recreation Centre

**FACILITY HOURS**

Monday – Friday	0630 – 2100
Saturday & Sunday	0900 – 1400

**POOL HOURS**

*Lane Swim*

Monday – Thursday	1200 – 1300
Saturday & Sunday	0930 – 1100

*Open Swim*

Monday – Friday	1400 – 1600
Saturday & Sunday	1100 – 1230

---

**FLEET Fitness & Sports Centre**

**FACILITY HOURS**

Monday – Friday	0600 – 1700
Saturday & Sunday	Closed