

We are opening our doors!

The Winnipeg MFRC is pleased to announce, effective 4 August, we will be open to select in-person services Monday through Friday from 10:00 a.m. to 2:00 p.m.

The health and safety of our clients and our staff is of the utmost importance to us. When you come to visit the MFRC, you'll notice a few changes right away. There are Plexiglas barriers in place at our reception desk, social distancing markers at the entrance to the building, direction markers throughout the building along with one-way entrance and exit. We have also implemented additional cleaning procedures throughout the facility to help reduce the risk of transmission.

Physical distancing signage will be located in the front desk area, between the two front doors as well as distancing markers outside the building on the ramp if a line up is required. Visitors are required to follow social distancing by obeying floor markers.

Upon entering the building, you will be asked to use the hand sanitizer provided at our entrance and wear a mask. If you have forgotten your mask please call the front desk prior to entering and one can be provided to you.

In accordance with Manitoba Provincial Health Regulations, please do not enter the facility if you:

- Have a fever, cough, sore throat, running nose, nausea, vomiting, diarrhea, headaches or shortness of breath.
- Have been in close contact, in the last 14 days, with someone who is being investigated or confirmed to be a case of COVID-19.
- Have travelled outside of Canada in the last 14 days or been in close contact with someone that has travelled outside of Canada in the last 14 days.

The following walk-in services are now available:

- APRV Form sign-offs
- Select Welcome Services including clear-ins/outs

The following appointment only services are also available:

To maintain safety for both you and our staff, mask-wearing is required along with the completion of a health screen questionnaire before entering the building for these services.

- Limited access to local attraction passes
- Crisis support and referral
- Emergency Family Care Assistance
- Education and Employment Support
- Deployment Support
- Individual and family short-term counselling sessions
- Veteran Family Program Services

For those not yet ready to venture out in-person, our services will continue to be provided over the phone, virtually by Zoom and by email. The MFRC is working to determine when and what in-person programs may be offered in the near future. The start-up programs will vary depending on the service area and our ability to meet the current Provincial Health Guidance.

We look forward to seeing you soon!

To book an appointment or to find out more call 204-833-2500 ext. 4500.