



## DET DUNDURN REC SURVEY MARCH 2018

**PSP requires your input to ensure that we are offering programming and services to meet your needs:**

**How often do you attend the gym?**

- 1/week       2/week       3/week       Daily

**Would you like to see any additional rec programs?**

For Children:  Yes      ages \_\_\_\_\_  No

For adults:  Yes       No

**What time of Day would you most likely participate? (Rec programs)**

- Before work (6-7)       During Lunch       After Work      Time \_\_\_\_\_

**What days of the week would you most likely participate? (Check all that apply)**

- Mon       Tue       Wed       Thurs       Fri       Sat       Sun

**What kind of Rec Programs would you like to see offered?**

- Boot Camp       Zumba (Dance class)       Kettle bells       TRX       Other \_\_\_\_\_  
 Running Clubs       Box-fit class       Aquasize       Instructional Fitness Apps on projector screen

**League Sports?**  Family       Coed       Ladies only       Men only       Kids/teens (ages 12-16)

- Volleyball       Softball       Floor hockey       Badminton       Basketball       Other \_\_\_\_\_

**Would you utilize the existing programs offered if they were covered under memberships?**

- Yes       No       Yes but times don't work for me

**What programs would you like to see offered for children?**

- Arts & Crafts       Youth Team Sports       Mommy and me Yoga (Kids ages 7-15)  
 Mom and Tot play-time       Other \_\_\_\_\_

**What days and times would work for your children to participate in programs?**

- Mornings  Afternoons  Afterschool  Evenings

**Would you be interested in sending your child, or know children who would want to participate in Week-long Summer Day Camps in June and August?**

- Yes  No

**If yes, what dates would work for you?**

**What type of camps would you like to see held here on base?**

- Adventure (explore the outdoors; learn about nature)
- Preschool Camp (Introduce fun activities that would help to develop mind and body)
- Sports (Learning about fundamentals of sports like baseball, basketball etc.)
- Watersports (enjoy outdoor games/activities in addition to water related activities)
- Other \_\_\_\_\_

**Which education programs listed below would you be interested in attending:**

- Weight-lifting orientation for teens and youth
- Health promoters (Nutritionist, Dieticians. etc.)
- DFIT App/Website
- Other \_\_\_\_\_

**We value your feedback!**

**If you have any other questions, or suggestions please contact:  
Georgia Bayer at 306-492-2135 ext 4176 or [Georgia.bayer@forces.gc.ca](mailto:Georgia.bayer@forces.gc.ca)**