



Triple P Teen Seminar

This series of three seminars offers practical ideas to assist in making parenting easier and more enjoyable by addressing common parenting concerns with children 13-18 years of age.

Complimentary child care may be available for children 0-6 years of age



October 10th, 2019: Raising Responsible Teenagers

October 17th, 2019: Raising Competent Teenagers

October 24th, 2019: Getting Teenagers Connected

From 6 pm to 8 pm in building, E-182.



Register for one, two or all three sessions

Registration is based on a first come first serve basis with priority given to CAF Members and their immediate families, DND Civilian Employees and their immediate families and those who provide direct support to the CAF. Other participants may register based on space availability.

For more information or to register, please contact Lauren, Children's Activity Facilitator at 705-424-1200 Ext 2471/3994

