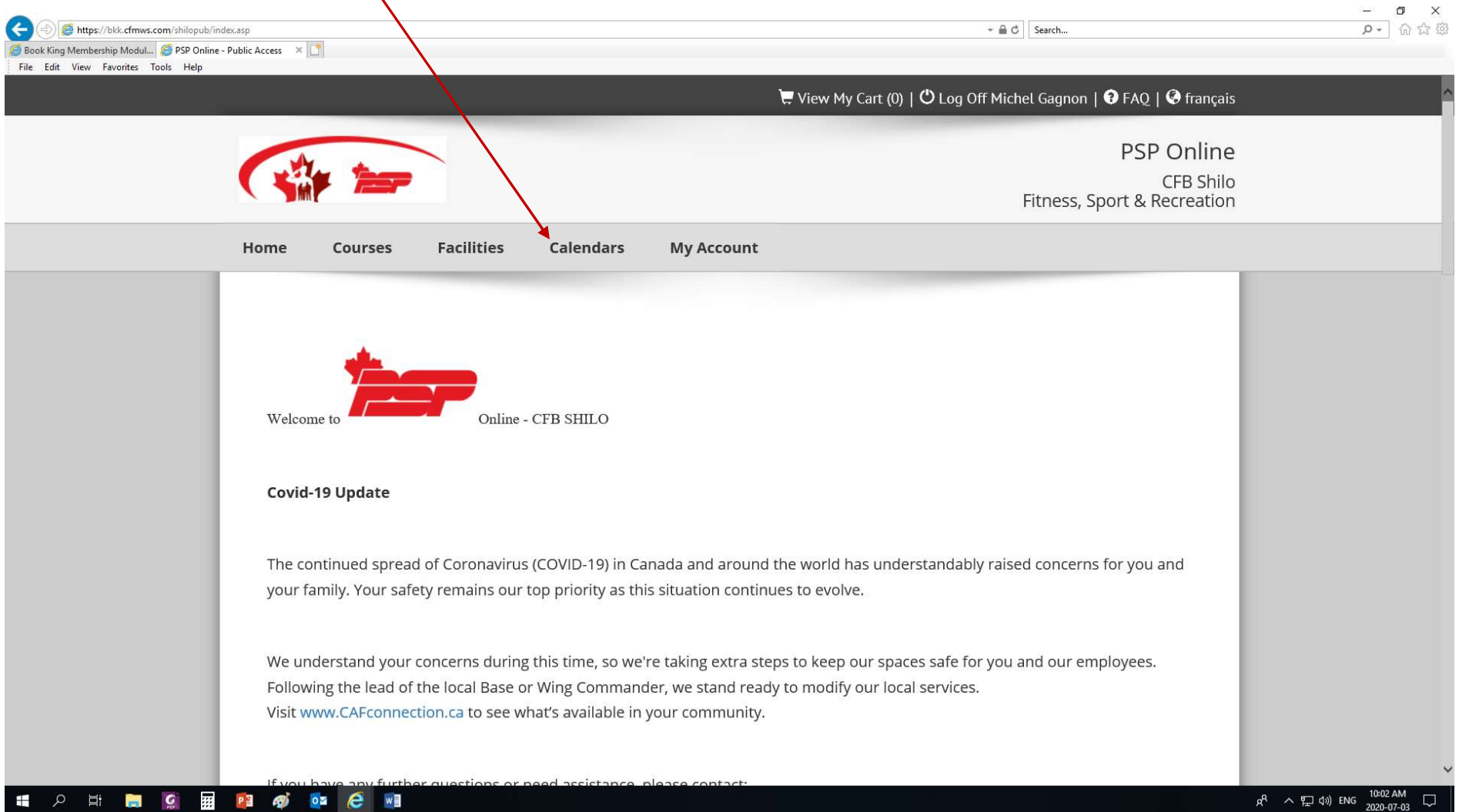


HOW TO USE THE CALENDAR

You can now access the **Calendars** tab.



The screenshot shows a web browser window displaying the PSP Online website. The address bar shows the URL <https://bkk.cfmws.com/shilopub/index.asp>. The browser's menu bar includes File, Edit, View, Favorites, Tools, and Help. The website's header features a dark navigation bar with links for "View My Cart (0)", "Log Off Michel Gagnon", "FAQ", and "français". Below this is a white header with the PSP Online logo (a red maple leaf and the letters "PSP") and the text "PSP Online CFB Shilo Fitness, Sport & Recreation". A grey navigation bar contains the following menu items: Home, Courses, Facilities, **Calendars**, and My Account. A red arrow points from the text above to the "Calendars" tab. The main content area displays a large PSP logo, the text "Welcome to Online - CFB SHILO", and a "Covid-19 Update" section. The update text reads: "The continued spread of Coronavirus (COVID-19) in Canada and around the world has understandably raised concerns for you and your family. Your safety remains our top priority as this situation continues to evolve. We understand your concerns during this time, so we're taking extra steps to keep our spaces safe for you and our employees. Following the lead of the local Base or Wing Commander, we stand ready to modify our local services. Visit www.CAFconnection.ca to see what's available in your community." At the bottom of the page, there is a partially visible line of text: "If you have any further questions or need assistance, please contact:". The Windows taskbar at the bottom shows the system tray with the date and time: 10:02 AM, 2020-07-03.

From here, you can see your Personal Calendar and see what you have booked.

View My Cart (0) | Log Off Michel Gagnon | FAQ | français

PSP Online
CFB Shilo
Fitness, Sport & Recreation

Home Courses Facilities Calendars My Account

Personal Calendar

View Facility Calendar

WEEK OF JUL 3, 2020

Facility Course

Day Week Month

Jul 3 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1	2	3	4
	General Strange Hall - Weight Room - Participant #9 06:15AM-07:30AM Standard Booking - #	General Strange Hall - Cardio Room - Lateral Arc Trainer 06:15AM-07:30AM Standard Booking - #		General Strange Hall - Weight Room - Participant #9 06:15AM-07:30AM Standard Booking - #		

To see what's booked in the facility, by clicking View Facility Calendar

This will show you all of the bookings in the GSH for the day.

The screenshot shows a web browser window with the URL <https://bkk.cfmws.com/shilopub/calendars/facilities/index.asp>. The page title is "CFB Shilo Fitness, Sport & Recreation". The navigation menu includes "Home", "Courses", "Facilities", "Calendars", and "My Account". The main content area is titled "Facility Calendar" and features a "View Personal Calendar" button. The calendar is set to "JULY 3, 2020" and is displayed in "Day" view. The facility selected is "General Strange Hall". The table below shows the following bookings:

DATE	TIME	EVENT NAME	DESCRIPTION	LOCATION
Fri Jul 3, 2020	06:15AM-07:30AM	Standard Booking		General Strange Hall - Cardio Room - Elliptical #1
Fri Jul 3, 2020	06:15AM-07:30AM	Standard Booking		General Strange Hall - Cardio Room - Treadmill #1
Fri Jul 3, 2020	06:15AM-07:30AM	Standard Booking		General Strange Hall - Combat Fitness Room - Participant #1
Fri Jul 3, 2020	06:15AM-07:30AM	Standard Booking		General Strange Hall - Weight Room - Participant #1
Fri Jul 3, 2020	06:15AM-07:30AM	Standard Booking		General Strange Hall - Weight Room - Participant #5
Fri Jul 3, 2020	06:15AM-07:30AM	Standard Booking		General Strange Hall - Weight Room - Participant #6
Fri Jul 3, 2020	06:15AM-07:30AM	Standard Booking		General Strange Hall - Weight Room - Participant #7

Feel free to explore what information you can get from the calendar. It may be useful for you before making a booking.