

Shearwater Sports & Fitness Centre Swimming Lesson Time Chart

Online Registration

DATE TBD online registration will commence for Military members.

If you are new to our programs you can create an account, instructions can be found on our aquatics page: [How to Create a Book King Account](#)

Online registration requires payment with MasterCard, Visa or Amex.

Phone-In and Walk-In registration for the public commences **DATE TBD** at 8:00am – 3:00pm

Lessons will begin on **DATE TBD**

Preschool Program				
Level	Wed	Sat AM	Sat PM	Sun
Parent Tot		9:00/ 10:10		
Sea Otter (Age 3+)	4:30	9:00/ 9:35	3:30/ 4:05	3:30
Salamander	4:30	9:00	3:30	3:30/ 4:05
Sunfish		10:10		3:30
Crocodile		9:35		3:30
Swim Kids Program				
Level	Wed	Sat AM	Sat PM	Sun
Swim Kids 1	4:30	9:00/ 10:10	3:30/ 4:40	4:40
Swim Kids 2	5:05	9:35	4:05/ 4:40	4:40
Swim Kids 3	5:05	9:35	4:05/ 5:15	4:40
Swim Kids 4	5:05	10:10	4:40	4:40
Swim Kids 5	5:40	10:45		5:15
Swim Kids 6	5:40	10:45		5:15
Swim Kids 7	5:40			5:15
Swim Kids 8		10:45		5:15
Swim Kids 9		10:45		6:00
Swim Kids 10				6:00
Adult Swimming Lessons				
Adult Lessons				6:00

Semi-Private Lessons

Availability is limited. Must have two people to sign up. Please contact the Aquatic Coordinator for more information.

Private Lessons

Availability is limited. Please contact the Aquatic Coordinator for more information.

Lesson Type	Pricing
Group Lessons	Regular: \$55.00 + HST Ordinary: \$60.00 + HST Associate: \$75.00 + HST
Semi- Private Lessons	Regular: \$90.00 + HST Ordinary: \$95.00 + HST Associate: \$100.00 + HST
Private Lessons	Regular: \$120.00 + HST Ordinary: \$125.00 + HST Associate: \$130.00 + HST

Aquatic Leadership Courses

Please visit our website for details regarding these courses: [Aquatic Leadership](#)

Dates and times for these courses are to be determined.

Note: These courses require a minimum of 3 participants to run.

To contact the Aquatic Coordinator please call (902) 720 – 1777 or email neiley.terrio@forces.gc.ca