



**MARCH 13, 2019 6:00PM - 8:00PM**  
**MFRC BUILDING 100**

# COMMUNICATING WITH YOUR CHILDREN

Come join us for some snacks and learn how to open lines of communication with your child(ren) while getting your message across effectively.

**REGISTRATION DEADLINE MARCH 6, 2019**

Child care can be arranged if needed.  
Please call in advance to arrange.

To register, contact Lisa:  
[Lisa.fiddler@forces.gc.ca](mailto:Lisa.fiddler@forces.gc.ca)  
(306)492-2135 Ext 4391

CAF veteran families please  
contact Hailey Glover:  
[Hailey.Glover@forces.gc.ca](mailto:Hailey.Glover@forces.gc.ca)