

REACH *for* CONNECTION

A WORKSHOP SERIES ABOUT RELATIONSHIPS

Tools for decreasing stress and
increasing connection

Strategies for supporting
yourself and others

& more...



**Tuesday,
November 24th
7:00pm - 8:30pm**



JAKE ERNST, MSW RSW
SOCIAL WORKER & FAMILY THERAPIST

Healthy Relationship Campaign - Virtual Event

Registration: <http://tiny.cc/r4c2>

