

CFB HALIFAX AND REGION		
Military Police, Fire, and Ambulance	911	<a href="https://novascotia.ca/dma/emo/911/">https://novascotia.ca/dma/emo/911/</a>
HealthLink Nova Scotia	811	<a href="https://811.novascotia.ca/">https://811.novascotia.ca/</a>
Community, Health & Social Services Nova Scotia	211	<a href="https://novascotia.ca/coms/">https://novascotia.ca/coms/</a>
Base Operator	902-427-0550	
EMERGENCY NUMBERS		
Duty Chaplain	902-427-7788	
MFRC Emergency Childcare Services (24 hrs)	902-427-7788	<a href="http://www.halifaxmfr.ca/en/services/emergency-respite-child-care-eng/">http://www.halifaxmfr.ca/en/services/emergency-respite-child-care-eng/</a>
National Suicide Prevention Lifeline	1-800-273-TALK 1-800-273-8255	<a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a>
Mental Health Mobile Crisis Team	902-429-8167 1-888-429-8167	<a href="http://www.yourlifecounts.org/crisis-lines/mental-health-mobile-crisis-team-mhmct">http://www.yourlifecounts.org/crisis-lines/mental-health-mobile-crisis-team-mhmct</a>
Bryony House (24 hrs) (shelter for abused women and their children)	902-422-7650	<a href="http://www.bryonyhouse.ca/contact/">http://www.bryonyhouse.ca/contact/</a>
Avalon Sexual Assault Nurse Examiners	902-425-0122	<a href="http://avaloncentre.ca/services/sexual-assault-nurse-examiner/">http://avaloncentre.ca/services/sexual-assault-nurse-examiner/</a>
Child Protection Services – after hrs	1-888-919-4236 1-866-922-2434	<a href="http://novascotia.ca/coms/department/contact/ChildWelfareServices.html">http://novascotia.ca/coms/department/contact/ChildWelfareServices.html</a>
Poison Control Line	902-470-8161 1-800-565-8161	<a href="https://iwkpoisoncentre.ca/">https://iwkpoisoncentre.ca/</a>
CAF HEALTH SERVICES CENTRE (ATLANTIC)		
CDU1: CDU2: CDU3: CDU4: CDU5:	902-721-8890 902-721-8868 902-721-8764 902-720-1558 902-721-0815/0816	
Psychosocial Services (Social Work)	902-721-8607	<a href="http://www.forces.gc.ca/en/caf-community-health-services-mental/index.page#psychosocial-program">http://www.forces.gc.ca/en/caf-community-health-services-mental/index.page#psychosocial-program</a>
Addiction Services	902-721-8600	<a href="http://www.forces.gc.ca/en/caf-community-health-services-mental/index.page#psychosocial-program">http://www.forces.gc.ca/en/caf-community-health-services-mental/index.page#psychosocial-program</a>
CAF SERVICES		
Member Assistance Program (24 hrs, free and confidential counselling service for CAF Members and families)	1-800-268-7708	<a href="http://www.forces.gc.ca/en/caf-community-support-services-map/member-assistance-program.page">http://www.forces.gc.ca/en/caf-community-support-services-map/member-assistance-program.page</a>
Family Information Line	1-800-866-4546	<a href="https://www.cafconnection.ca/National/Stay-Connected/Family-Information-Line.aspx">https://www.cafconnection.ca/National/Stay-Connected/Family-Information-Line.aspx</a>
Sexual Misconduct Response Centre	1-844-750-1648	<a href="http://www.forces.gc.ca/en/caf-community-support-services/sexual-misconduct-response-centre.page">http://www.forces.gc.ca/en/caf-community-support-services/sexual-misconduct-response-centre.page</a>
Joint Personnel Support Unit	1-800-883-6094	<a href="http://www.forces.gc.ca/en/caf-community-support-services-casualty-support/contact-info.page">http://www.forces.gc.ca/en/caf-community-support-services-casualty-support/contact-info.page</a>
Integrated Personnel Support Centre	902-722-1907	<a href="http://www.veterans.gc.ca/eng/services/information-for/caf/ipsc">http://www.veterans.gc.ca/eng/services/information-for/caf/ipsc</a>
Operational Stress Injury Social Support (Peer and Family Support)	1-800-6094	<a href="https://www.cfmws.com/en/AboutUs//DCSM/OSISS/Pages/Operational-Stress-Injury-Social-Support-(OSISS).aspx">https://www.cfmws.com/en/AboutUs//DCSM/OSISS/Pages/Operational-Stress-Injury-Social-Support-(OSISS).aspx</a>
Veterans Affairs Canada	1-866-522-2122	<a href="http://www.veterans.gc.ca/eng">http://www.veterans.gc.ca/eng</a>
SISIP Financial Services	902-425-6926	<a href="https://www.cfmws.com/en/aboutus/sisipfs/pages/default.aspx">https://www.cfmws.com/en/aboutus/sisipfs/pages/default.aspx</a>
Conflict Resolution Centre	902-721-7533	<a href="http://www.forces.gc.ca/en/caf-community-dispute-resolution-centres/index.page">http://www.forces.gc.ca/en/caf-community-dispute-resolution-centres/index.page</a>
CIVILIAN EMPLOYEE ASSISTANCE PROGRAMS		
MARLANT EAP Manager	902-427-3237	
Employee Assistance Services – Health Canada (24 hrs, free, and confidential counselling services)	1-800-268-7708	<a href="https://www.canada.ca/en/health-canada/services/environmental-workplace-health/occupational-health-safety/employee-assistance-services.html">https://www.canada.ca/en/health-canada/services/environmental-workplace-health/occupational-health-safety/employee-assistance-services.html</a>
NPF Employee & Family Assistance Program	1-800-387-4765	<a href="https://www.cfmws.com/en/aboutus/cf-pfss/hr/pages/employee-assistance-program.aspx">https://www.cfmws.com/en/aboutus/cf-pfss/hr/pages/employee-assistance-program.aspx</a>
CAF FAMILY VIOLENCE CRISIS TEAM		
Team Lead (Social Worker)	902-721-8607	<a href="http://militaryfamilyviolencesupport.ca/">http://militaryfamilyviolencesupport.ca/</a>
MFRC Social Worker	902-427-7788	<a href="http://militaryfamilyviolencesupport.ca/">http://militaryfamilyviolencesupport.ca/</a>
Base Chaplain	902-721-8660	<a href="http://militaryfamilyviolencesupport.ca/">http://militaryfamilyviolencesupport.ca/</a>
Military Police Victim Services Coordinator	902-722-4999	<a href="http://militaryfamilyviolencesupport.ca/">http://militaryfamilyviolencesupport.ca/</a>
MILITARY FAMILY RESOURCE CENTRE (MFRC)		
Halifax/Shearwater	902-427-7788	<a href="http://www.halifaxmfr.ca/">http://www.halifaxmfr.ca/</a>
MENTAL HEALTH EDUCATION		
Health Promotion Services (PSP)	902-722-4956	<a href="http://www.cafconnection.ca/halifax/hp">www.cafconnection.ca/halifax/hp</a>
Road to Mental Readiness	902-721-8819	<a href="http://www.forces.gc.ca/en/caf-community-health-services-r2mr/index.page">http://www.forces.gc.ca/en/caf-community-health-services-r2mr/index.page</a>
Learning & Career Centre	902-722-4304	<a href="https://strongproudready.ca/mission-ready/en/learning-and-career-centres/">https://strongproudready.ca/mission-ready/en/learning-and-career-centres/</a>