

# Borden Camp Guide



# 2018

# Why Choose Community Recreation Camp Programs?

## Location and Hours

Our camp program is located conveniently in one of our PSP community recreation locations on Base. Our flexible camp hours cater to military families, with free play beginning at 7am followed by formal programming from 8am through until 4pm followed by free play from 4pm- 5pm. These flexible hours come at no extra cost. We are fortunate enough to be situated close to major base attractions, like the Buell Fitness and Aquatics Center, Terra theatre, Circle Pine Bowling Centre and the Base Borden Museum.

## Staff

We pride ourselves on having energetic, responsible, professional and fun staff. All of our camp programs are under the supervision of a full-time Recreation Coordinator, with years of experience within PSP. All staff are CPR and standard first aid trained, and have completed HIGH FIVE® Principles of Healthy Child Development training. Our camp staff receives specialized training in programming, safety and emergency procedures, group dynamics, and positive behaviour management.

## Programming and quality assurance

All of our leaders are trained in HIGH FIVE® Principles of Healthy Child Development, including how to program plan based on the ages and developmental stages of participants in their group. A variety of activities are planned each day for each group of participants. Our program features innovative and creative programming to ensure that your children never get bored. Each day of our March Break camp and every week of our summer camp is themed and the programming and crafts revolve around that theme. Some of our camper's most favourite activities are, camp Olympics, science day, minute to win it challenge, and camp prom. High program quality is important to us and means that your child's summer will be a positive one. All day camps meet internal day camp policy and procedure standards and are evaluated using the High Five Quest 2 tool.



# Parent reminders

## What to Bring to Camp

A weekly newsletter will be emailed to all camp participants the week before their program starts. This will include the theme, field trip and fun Friday activity. Each day campers should bring the following:

- Refillable water bottle
- Lunch and snacks
- Bathing suit and towel
- Running shoes/athletic shoes
- Sunscreen (spray is preferred)
- Hat
- Weather appropriate clothing (i.e jacket, boots, etc)



Please label all belongings and clothing with the camper's name. Please do not send your child to the program with any electronics or valuables.

## Behavioral policy

All campers attending recreation programs are expected to behave in a manner which ensures their own safety and the safety of other participants, staff and volunteers in the program. Staff will be responsible for explaining rules and boundaries for participants, reminding children about appropriate behaviour and to encourage positive behaviour in their program. Campers are responsible for:

- displaying integrity in their actions, including being truthful and honest with others and being responsible for their actions
- respecting other participants and staff and caring for the building, equipment, and materials provided
- demonstrating empathy for others and contributing to an environment which cares for everyone
- following instructions given by program leaders and be open to trying new things and participating

Parents will be notified if campers are not meeting behavioural expectations or following rules. Campers endangering their safety or another person's safety may be asked to leave the program and only return when accommodations can be made to ensure the safety of all.

## Late pick-up policy & Sign in and out policy

In order to provide a safe and secure camp environment for our campers, the camp program adheres to a strict sign in and out policy. During registration time, families will complete a pre-authorized pick up form. This form indicates who is allowed to sign your child out of the camp program; only authorized individuals will be permissible to sign campers out. Individuals signing campers out must show photo ID.

## Swimming policy

Campers are required to complete a swimming test if they wish to swim in the deep end without a life jacket. If a camper cannot pass the swim test or chooses not to take it, they must wear a life jacket while swimming in the deep end. All campers who have not passed the swim test or do not wish to take the test must wear a red bracelet (provided on the first day of each week) for the entire week. If a camper wishes to try the swim test they are free to do so, if they are successful the bracelet is removed.

## Epi-pen and medication

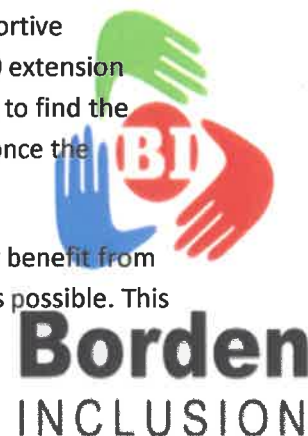
If your child requires medication or an epi-pen at camp, please identify this on their registration Form. Identified medications and 2 epi-pens must accompany the child each day to camp, or they will not be admitted. One epi-pen will be given to your child's counselor and the second must remain with your child throughout the duration of the camp program. Medications are to be given to staff each day in the original container with only enough needed for that day.

Our staff are trained to encourage campers who require epi-pens to administer themselves, or to intervene in the event the camper is unable to. Your child must carry their epi-pen on themselves at all times while at camp and an Individual Emergency Anaphylaxis Plan must be completed prior to the start of camp. We recommend the use of a fanny pack clearly marked with the child's first and last name.

## Inclusion

Community Recreation is an established recreation service provider that actively practices integration and inclusion, while embracing the principles of HIGH FIVE®. An Inclusion Facilitator is a support person for the program instructor, who provides one-on-one assistance to a participant, ensuring that our programs are accessible for all families with mild to moderate needs. Recreation provides children with an opportunity to meet new friends, learn new skills and discover new things, all in a supportive environment. We encourage families to contact a Recreation Coordinator at 705-424-1200 extension 1373 to discuss participation in a recreation program. The child's abilities will be discussed to find the best program fit. External agencies are often contacted to share assessments of the child once the guardian has signed the consent form to release personal information with the agency

Inclusion for the camp programs is a parent initiated process. If you believe your child may benefit from inclusion services, please contact a Recreation Coordinator to arrange your spot as early as possible. This operates as a first come first serve service.



# Summer Camps

## Summer Fun

Ages: 5-12 years old \* born 31 December 2012 or earlier

Weeks 1-8

Price:	Regular/Ordinary \$163.72/week (5 day) + HST	Regular/Ordinary \$130.97/week (4 day) + HST
	Associate \$187.61/week (5 day) + HST	Associate \$150.45/week (4 day) + HST

The most popular of our day camp programs and a great way to spend the summer holidays in a safe, supervised, and fun camp environment. Campers will participate in a variety of age appropriate activities, including daily swimming, active games, sports, cooperative games, crafts, creative time, songs, special events and a weekly on base adventure. Staff-to-camper ratio is 10:1. The summer fun camp runs for all 8 weeks of camp, campers are divided into groups for the week based on their ages.

## Specialty Camps

**Please see specialty camp program description for an over view of each week**

**Ages: 6\*-12 years old** \*please check the specific week to see the age requirement for that specialty camp

The community recreation department is excited to offer new specialty camps for the 2018 camp season. Campers can now choose to participate in different types of camps based on their interests. We have partnered with clubs and groups throughout the Borden and local community to bring the best instruction to your children. In addition, specialty campers will also participate in classic camp games, activities and swimming. Please see the specialty camp descriptions for more information about each camp.



Week	Camps Offered	Camp Theme
<b>Week 1:</b> July 3 <sup>rd</sup> – 6 <sup>th</sup> , 2018	Summer Fun and Leaders in Training	Wacky Tacky, Inside and Backwards Week
<b>Week 2:</b> July 9 <sup>th</sup> – 13 <sup>th</sup> , 2018	Summer Fun & Red Cross Learn to Swim	Halloween
<b>Week 3:</b> July 16 <sup>th</sup> – 20 <sup>th</sup> , 2018	Summer Fun & Steve Nash Youth Basketball Camp	Superhero
<b>Week 4:</b> July 23 <sup>rd</sup> – 27 <sup>th</sup> , 2018	Summer Fun & Multi-Sport Camp	Christmas in July
<b>Week 5:</b> July 30 <sup>th</sup> – August 3 <sup>rd</sup> , 2018	Summer Fun & Red Cross Learn to Swim	Pirates of Borden
<b>Week 6:</b> August 7 <sup>th</sup> – 10 <sup>th</sup> , 2018	Summer Fun & Junior Chef Camp	Camp Olympics
<b>Week 7:</b> August 13 <sup>th</sup> – 17 <sup>th</sup> , 2018	Summer Fun & Martial Arts	Wild West
<b>Week 8:</b> August 20 <sup>th</sup> – 24 <sup>th</sup> , 2018	Summer Fun & Creative Arts Camp	Camp Prom

## Cancellation Policy

The Community Recreation Department reserves the right to cancel or amend any camp program due to registration numbers and staffing. If a program is cancelled, a full refund will be provided.

## Refunds

1. You can withdraw from a program 5 business days prior to the start date and receive a full refund.
2. Once a program has started, a pro-rated refunds will be processed for withdrawals due to medical reasons, when accompanied by a doctors' note.
3. Pro-rated refunds will processed once a program has started for withdrawals due to CAF commitment.
4. No refunds will be issued for program suspensions. Any program removals will be discussed with the appropriate Recreation Coordinator.

## How to register

Registration for our 2018 camp programs will begin on 5 March, 2018: Regular and Ordinary members and 18 March, 2018: Associate members. Please stop by the Community Recreation Kiosk located in the Buell Fitness and Aquatics Centre to learn more about which camp program is best for your child and to register.



## Week 1: Leaders in Training

Ages: 13-16 years old

Date: July 3<sup>rd</sup> – 6<sup>th</sup>, 2018

Price: Regular/Ordinary \$178.76 + HST Associate \$209.73 + HST

The Borden Community Recreation Department is excited to offer a Leaders in Training (LIT) camp for youth ages 13-16 years old. This camp is specially designed to prepare youth to be a recreation leader in camps, or year round programming. The two part leadership camp starts you on the journey to becoming a successful Leader in Training. During the first week intensive instructional portion we'll focus on the key attributes and skills that youth must know in order to successfully lead recreational programs and caring for young participants.

After successful completion of the instructional portion, youth will be guaranteed a minimum of one week placement in one of our camp programs (35-40 hours that may be used towards their high school volunteer requirements). Youth will also receive High Five-Principles of Healthy Child Development training and certification, CPR and standard first aid training and certification, program planning training sessions and resume writing and interview tips. This camp is mandatory if youth wish to volunteer with the Base Borden Summer Camp or the following March Break Camp.

## Week 2: Red Cross Learn to Swim

Ages: 6-12 years old

Date: July 9<sup>th</sup> – 13<sup>th</sup> 2018

Price: Regular/Ordinary \$196.46 + HST Associate \$218.58 + HST

Campers will be taking a one hour swimming lesson each day with a certified PSP Red Cross swimming instructor. Lessons will work on improving endurance and aquatic skills throughout the week, whether campers are trying swimming lessons for the first time or are seasoned swimmers, all children will be challenged with the Red Cross swimming programs. Campers will also participate in classic camp games and activities, in addition to participating in the fun swim in the afternoons.

## Week 3: Steve Nash Basketball Camp

Ages: 8-12 years old

Date: July 16<sup>th</sup> – 20<sup>th</sup> 2018

Price: Regular/Ordinary \$178.76 + HST Associate \$202.65 + HST



The PSP Community Recreation department is pleased to offer the Steve Nash Youth Basketball (SNYB) Camp. This program ensures that youth are having fun while learning fundamental basketball skill development. SNYB helps youth build life skills such as teamwork, communication and goal setting, working towards becoming positive and empowered individuals. Campers will also participate in classic camp games, activities and swimming.

## Week 4: Multi-Sport Camp

Ages: 8-12 years old

Date: July 23<sup>rd</sup> – 27<sup>th</sup> 2018

Price: Regular/Ordinary \$178.76 + HST Associate \$202.65 + HST

Does your child love sports, participating in different activities and games while learning skills, team work and having fun? If so, Multi-Sport Camp is the perfect camp for them! Campers will spend their week participating in various sports and activities including Triathlon, Soccer and Nerf. Campers will also participate in classic camp games, activities and swimming.

## Week 5: Red Cross Learn to Swim

Ages: 6-12 years old

Date: July 30<sup>th</sup> – August 3<sup>rd</sup> 2018

Price: Regular/Ordinary \$196.46 + HST Associate \$218.58 + HST

Campers will be taking a one hour swimming lesson each day with a certified PSP Red Cross swimming instructor. Lessons will work on improving endurance and aquatic skills throughout the week, whether campers are trying swimming lessons for the first time or are seasoned swimmers, all children will be challenged with the Red Cross swimming programs. Campers will also participate in classic camp games and activities, in addition to participating in the fun swim in the afternoons.

## Week 6: Junior Chef Camp

Ages: 7-12 years old

Date: August 7<sup>th</sup> – 10<sup>th</sup>, 2018

Price: Regular/Ordinary \$143.00 + HST Associate \$162.12 + HST



Not just a cooking class, but a guide towards a healthy lifestyle. Kids will get a hands-on experience with the cooking process, as they prepare a variety of healthy meals and snacks. The class will also provide education on proper nutrition. Campers will learn to properly measure ingredients and read recipes. In addition, throughout the week campers will create a recipe book that they are able to take home. As a special treat, campers will have the opportunity to decorate a cupcake like a true baker. Campers will also participate in classic camp games, activities and swimming.

## Week 7: Martial Arts

Ages: 8-12 years old

Date: August 13th- August 17<sup>th</sup> 2018

Price: Regular/Ordinary \$178.76 + HST Associate \$202.65 + HST

Campers of all skills levels are encouraged to try this specialty camp. This camp will allow campers to receive instruction in three forms of martial arts. Campers will receive two blocks of instruction during the mornings. They will receive quality instruction, techniques and knowledge of martial arts. This camp will encourage youth to enrich their lives through fitness of mind and body by training in the martial arts; and promote the development of positive personal character. Students will be immersed in the different martial art experiences of Yoshinkan Aikido, Meibukan (Karate) and Taekwon-do. Campers will also participate in classic camp games, activities and swimming.

## Week 8: Creative Arts Camp

Ages: 8-12 years old

Date: August 20<sup>th</sup> – 24<sup>th</sup> 2018

Price: Regular/Ordinary \$178.76 + HST Associate \$202.65 + HST

At Creative Camp there is no limit on what you can create – your imagination is all you need. Campers will have the opportunity to create new arts and crafts projects, write, preform and learn fundamental dance concepts and elements. This week will be packed with improv games, innovative and creative crafts, drama, dance and imagination. Your child will be given the opportunity and freedom to create something they are interested and proud in. Campers will also participate in classic camp games, activities and swimming.

