



Contact Us:

(306) 492-2135

Executive Director

Aubrey Eaton,
Aubrey.Eaton@forces.gc.ca
Local: 4313

Programs & Services

Supervisor

Heidi Grant
Heidi.Grant@forces.gc.ca
Local: 4287

Program Coordinator

Lisa Fiddler
Lisa.Fiddler@forces.gc.ca
Local: 4391

Program Coordinator

Kary Williams
Kary.Williams@forces.gc.ca
Local: 4137

Program Coordinator

Kendra Bessey
Kendra.Bessey@forces.gc.ca
Local: 4266

Veteran Family Program Coordinator

Hailey Glover
Hailey.Glover@forces.gc.ca
Local: 4690
Cell: 306-227-1311

Day Care Director

Jeannette Bassendowski
Jeannette.Bassendowski@forces.gc.ca
Local: 4212

Emergency Cell
306-227-7676

Office Hours:

M-Th 8am-4:30pm
F 8am-3:30pm

Dates to Remember

July 16: Last day of P&T Summer Events—Crickle Creek

Aug 5-9 and 12-16: PSP Summer Camps.

September 14: MFRC Welcome BBQ

Hero's BBQ

On Friday, June 21st the CSMFRC hosted our 10th Annual Hero's BBQ at the Prairie Meats Millar Avenue location. All proceeds from this event go towards CSMFRC Programming for Military families. This year we raised almost \$1500 at the event!

We would like to take this time to thank Prairie Meats for their fabulous catering they have done for us, as well as their continued support to raise money for our programs.

Welcome BBQ: Save the Date!

September 14th—Save the date!

The MFRC hosts a Welcome Event each year in September to welcome all of our newly posted families and catch up with those that have been with us for a while!

Some of the Detachment's clubs also set up a showcase to show off their interests. Clubs may include: Wood Hobby Club, Auto Hobby Club, or the Rod, Gun, and Archery Club.

Join us for a great, fun-filled day with some great activities and, of course, FOOD!

Parent and Tot Summer Events

These events continue on Tuesdays through to July 16th. Contact Lisa for more information. There is no registration fee for these events.

Det Pool Public Swimming

July 1-25:

Monday, Tuesday, Thursday, and Friday:
1pm-3pm.

Wednesdays 1pm-7pm

Saturday and Sunday
12pm-4pm.

July 26-Aug 16:

Monday, Wednesday, and Friday 1-3pm

Tuesdays and Thursdays 4-7pm

Saturday and Sunday
12pm-4pm.

August 17-29:

Weekdays 9am-1pm:
Theme Swims

Tuesday and Thursday 4-7pm

Saturday and Sunday
12pm-5pm.

Check out:

@detdundurnrecreation
on Facebook for all of the latest events and activities happening at PSP!

Mental Health First Aid

The recent Mental Health First Aid (MHFA) course, held in Saskatoon was well attended. Due to high interest, we are considering hosting this course semi-annually, or even more often if funding is available. For more information please contact the MFRC or visit:

www.mhfa.ca

MFRC and Daycare now have E-Transfer

BIG NEWS!! CSMFRC Events and Daycare Fees can now be paid via E-Transfer! What a convenient way to register for our friends that do not live near the base, and those of us that just don't carry cash very often!!

Contact Heidi to get registered for this payment method.



VETERAN FAMILY PROGRAM
For Military Relocating C&F Members,
Militaire Relocated Veterans and their Families

PROGRAMME POUR LES FAMILLES DES VÉTÉRANS
Pour les membres des FC, en cas de rélocation pour des raisons militaires,
les vétérans (et/ou) pour des raisons militaires et leur famille.

Veteran Family Program customers can contact Hailey to register for any of the CSMFRC events being advertised in this newsletter.



PRESENTS:

ADVENTURE CAMP 2019:
Kids 5-12 are invited to join us for these exciting new camps that run Aug 5-9 and 12-16 from 7:30-4:30. Whether it's scaling the obstacle course, competing in nature challenges or spending the afternoons at the pool...our camps have something for everyone. Registration opens May 15. Contact Kalista at kalista.senter@forces.gc.ca



**PROGRAM SPOTLIGHT:
BABYSITTER MEET AND GREET PROGRAM
CONTACT LISA!**

This program is designed to help families connect with new babysitters. You will be able meet with the babysitter of your choice in the comfort of your own home and watch how they interact with your children. The CSMFRC will facilitate this activity by providing financial support to help pay for the babysitter's time. This program also helps to encourage community integration and form strong community bonds.

Parameters: Families can utilize the program 2 times per Fiscal Year. Must use a different babysitter for each Meet & Greet. The two Meet & Greets will be reimbursed \$15.00 per session. Must use babysitters from the approved CSMFRC babysitters List, or be approved by the Child & Youth Coordinator and Executive Director. Must be in the home with the babysitter. This program is to support getting to know the babysitter, not used as child care. All CF families are eligible (Regular and Reserve Members). Limited Funding available.

Process: Application form to be signed by parent and babysitter before submission to CSMFRC for reimbursement. C&Y and Executive Director will acknowledge and review all applications received due to the limited funding available. Upon receiving signed form, cheques will be issued and delivered.

Military Discounts and Corporate Supporters:

The Central Saskatchewan Military Family Resource Inc. (CSMFRC) thanks all Corporate Sponsors, and supporters of the Military Discount Program. The CSMFRC, partners, staff, and Board of Directors, while appreciative of all donations and support, can only confirm the above listed businesses as providing sponsorship and/or a discount program (subject to change without notice). To use the services and products of the above noted programs have military identification present at time of purchase.

CF One card members can also access discounts through: <https://cfappreciation.ca/>

